

# Beamont Collegiate Academy Curriculum Map

## Year: 9 Autumn Term Two



### Subject:

Intent	Implementation	Invasion Games	Leadership	Fitness
Clarity around knowledge	Theme / topic	Development of <i>advanced</i> skills and tactic of <i>increasing difficulty</i> to enable students to <i>efficiently</i> outwitting opponent. Knowledge of rules/regulations <i>in full game situations</i> .	Development of leadership skill through the medium of sport.	Students to experience a range of fitness based activities that are more 'adult' based to ignite interest and or confidence accessing these activities in the real world beyond 16.
	Key substantive knowledge	<p><b>Skills <i>Advance version</i></b>                      Short/Long Pass                      Shooting                      Marking                      Tacking/Intercepting                      Footwork                      Movement on and off ball</p> <p><b>Rules (<i>within full game</i>)</b>                      Start and re-start of play                      Scoring                      Penalty/Free passes/Fouls                      Offside</p> <p><b>Tactics of increasing complexity in full game and positional specific.</b>  <i>Zonal defence/attack</i>  <i>Man to man marking</i>  <i>Overlapping</i>  <i>Double marking</i>  <i>Playing to strengths/weaknesses</i>  <i>Disguise</i></p>	<p>Different methods of communication and which to use and when. Verbal, non-verbal and use of a whistle.</p> <p>Parts of a session and how to plan.</p> <p>Qualities of a good leader.                      How to organise a group.</p> <p>Different methods of motivation, which is best to use and when. Intrinsic and extrinsic.</p> <p>Types of competition.</p> <p>Evaluation skills and the importance of these.</p>	<p>Students will explore and be able to fully participate in three of the following activities, understanding benefits, structure, how to make more/less challenging based on own fitness levels and understanding the physical and psychological benefits.</p> <p>Step                      Aerobic                      Yoga                      Circuit Training                      Weight Training                      Boxing                      Boxercise</p>
	Disciplinary knowledge	Passing and receiving. <i>Advance methods.</i> defending/attacking skills	Communication, organisational, motivation skill.	Development of understanding of need and benefits of health and fitness

		<p><i>advanced</i> outnumbering the defence, identification and utilisation of oppositions weakness, creation and denial of space <i>in a larger playing area/numbered or competitive situation..</i> Rule application <i>in a slightly modified</i> game and full game when appropriate within the spirit of the game. Flair and originality.</p>	Confident leadership style and development of a sporting environment that enables others to progress.	and the many strands to each of these.
Clarity around sequencing	Main links across the curriculum	<p>Invasion games 2 in Y9 Officiating invasion games Y10 Competition types within invasion games Y11.</p>	<p>Extra curricular opportunity to achieve L2 leadership with Penny. Officiating in Y11 and leadership in Y10, students to</p>	<p>Shift for 7 and 8 when main leaning around components and measuring fitness were the focus to tailoring and making choices about own preferred fitness methods that can be used. Development into option fitness in Y10 and 11 to ensure exercise adherence.</p>
	Authentic cross curricular links	<p>Communication Empathy Team work Co-operation Decision Making</p>	<p>Communication Confidence Evaluative skills Empathy Team work Co-operation Decision Making</p>	PSHE: development of healthy and fit individuals through positive life choices.
Vocabulary	Key words	<p>Accuracy Control Consistency Power Decision Making Flair Originality Disguise</p>	<p>Communication Organisation Motivation Evaluation</p>	<p>Training Zone Psychological Physiological Fitness Health Exercise Adherence</p>

Assessment	Summative assessment	Performance of skills Performance of tactics Performance of skills <i>in full game</i> Application of <i>complex</i> rules/tactics within <i>full game</i> situation.	Planning, leading and evaluation of part or whole session.	Pupils will not be assessed rather discussion made as to how they could continue with chosen activity outside school.
Links to the real world / careers / PD		Development of ability to play sport in full competitive situation and development of characteristics/life skills.	Transferable leadership skills into career roles. E.g. teaching, coaching, officiating.	Development of confidence and skills in the recreational exercise environment.